

What to Bring: *for 2023 Summer Session Campers*

Campers will be given this year's Camp Leo T-shirt at check-in.

*We will have other awesome Camp Leo gear **for sale** at check in!*

Necessities:

- Refillable Water Bottle
- Sleeping Bag and Pillow
- Shoes
 - Shower Shoes/Flip Flops
 - Sneakers/Hiking Shoes (closed toed with nonslip bottoms)
- Enough clothes for the number of days of camp, plus one extra.
 - Warm clothes for evening campfires and bedtime (sweatshirt or jacket)
 - Shorts, long pants, long and short sleeved shirts
 - Rain gear
 - Extra socks and underwear (just in case)
- Two towels (one for swimming, one for showers)
- Swimsuit
- Sunscreen
- Toiletries (washcloth, soap, shampoo, hairbrush, toothbrush, toothpaste, deodorant)
- Insect repellent/bug spray
- Flashlight and extra batteries
- Hiking bag or daypack
- Several surgical face masks (or better – cloth not allowed), in the case of infectious disease response (they will not be required unless we need to implement our infectious disease response plan).
- Sense of ADVENTURE!

Extras:

- Alarm clock
- Camera
- Climbing shoes for the rock wall
- Book/Journal
- Deck of cards, or other bunk games

Diabetes Medical Supplies:

- All insulin, glucose meters, and test strips are provided
- Any other prescription or non-prescription medications in original bottles with clearly labeled name and instructions
- CAMPERS ON INSULIN PUMPS OR CGM NEED TO BRING A 2-WEEK SUPPLY OF INFUSION SETS, INJECTORS, PUMP RESERVOIRS, AND SENSORS (EXTRAS JUST IN CASE). THESE WILL BE RETURNED TO YOU AT THE END OF CAMP.

What NOT to bring:

- Food, beverages, or snacks. All food and snacks- including low blood glucose treatments- are provided.
- Jewelry or other valuables
- Electronics (including all laptops, iPods, tablets, portable CD or DVD players, gaming systems, etc.) PLEASE NOTE THAT IF YOU CHOOSE TO BRING AN ELECTRONIC DEVICE TO CAMP IT WILL BE REMOVED FROM YOUR POSSESSION UNTIL THE END OF CAMP. CAMP LEO ACCEPTS NO RESPONSIBILITY FOR DAMAGE OR LOSS OF YOUR ELECTRONIC DEVICES.
- Alcohol, marijuana, tobacco products, illegal drugs, or weapons.
- Personal vehicles – campers are not allowed to have a personal vehicle at camp nor transport themselves or others to or from camp.
- Pets are prohibited at camp.

Theme Days:

As part of the camp spirit, we do have themes for every day of camp. Your child is welcome to participate in this by dressing up, though we discourage buying costumes for this purpose. Instead, we encourage our staff and campers to creatively think about how they can repurpose costumes or clothing they already own to fit the theme. We also have lots of costumes available in our dress up bin to supplement what they bring with them.

HIGH SCHOOL CAMP

- Tropical or Beach Day
- Camo (Army Print)
- Superhero
- “Tux and Tails” Bring your “finest” for the end of camp party!
- Camp Shirt

MIDDLE SCHOOL CAMP

- Animals
- Tropical or Beach Day
- Movie Star
- Camp Shirt

ELEMENTARY SCHOOL CAMP

- Favorite color
- Backwards Day
- Camp shirt